

### Abstract of the Invention

A method of modulating the human meridian system using a small bar magnet is provided. In the method of modulating the human meridian system, the small bar magnet has a length of 3 cm or less and a coercivity  
5 of 1000 gauss or greater. The meridian system is modulated by attaching the small bar magnet to the skin or hypodermically implanting the small bar magnet, such that the direction of flow of a magnetic force of the magnet is the same as or opposite to the direction of flow of the meridian system. The method, which can replace traditional acupuncture and/or moxibustion  
10 for modulating the human meridian system, allows ordinary people to use the same in a risk-free, safe and simple manner without causing pain to a body.